COVID-19 Checklist



COVID-19 Checklist for Childcare Programs and Pre-K-12 Schools Top 5 Things You Can Do to Prepare for COVID-19

Ohio Department of Health Director Amy Acton, M.D., MPH, strongly recommends that all childcare programs and pre-K-12 schools immediately take the following actions:

- Conduct school-wide training for staff on handwashing, cleaning high-touch surfaces when students change rooms, and cough etiquette. Clean all surfaces multiple times daily.
 Implement handwashing routines among all students and staff upon arrival to school, anytime students or staff change rooms, before and after eating and recess, and at the end of the day.
 Send home students and staff who have signs and symptoms of COVID-19 (fever, cough, shortness of breath) and prepare to cancel classes after a confirmed case of COVID-19 in
- Work with your local health department to determine whether to temporarily cancel or postpone extracurricular group activities and large events, and consider online resources to allow students to continue to socialize for emotional support should a facility closure be necessary.

your school (student or staff) to allow for environmental deep-cleaning with EPA-approved

If schools are dismissed make sure there are continuity plans for meal or medical programs. Work with state and national partners, like the Ohio Department of Education Office of Integrated Student Support, to ensure students can receive medical and meal programs — if schools are closed.

For additional information, visit <u>coronavirus.ohio.gov</u>.

products.

For answers to your COVID-19 questions, call 1-833-4ASKODH (1-833-427-5634).

Additional resources:

USDA meal service tips during closures:

https://www.fns.usda.gov/cn/meal-service-during-unanticipated-school-closures

USDA pandemic food supply tips: https://www.fns.usda.gov/disaster/USDAfoodsPandemicSchools



STAY HOME WHEN YOU ARE SICK



AVOID CONTACT WITH PEOPLE WHO ARE SICK



GET ADEQUATE SLEEP AND EAT WELL-BALANCED MEALS



WASH HANDS OFTEN WITH WATER AND SOAP (20 SECONDS OR LONGER)



DRY HANDS WITH A CLEAN TOWEL OR AIR DRY YOUR HANDS



COVER YOUR MOUTH WITH A TISSUE OR SLEEVE WHEN COUGHING OR SNEEZING



AVOID TOUCHING YOUR EYES, NOSE, OR MOUTH WITH UNWASHED HANDS OR AFTER TOUCHING SURFACES



CLEAN AND DISINFECT "HIGH-TOUCH" SURFACES OFTEN



CALL BEFORE VISITING YOUR DOCTOR



PRACTICE GOOD HYGIENE HABITS